DMHTrainingInstitute



About the Training Institute

The Training Institute provides high-quality learning opportunities to a broad array of professionals, consumers and stakeholders throughout the District.

The Institute serves as the central coordinating body for accomplishing all workforce development-related objectives described in the Dixon Report and the Dixon Exit Criteria, local and federal accountability and compliance laws. It will also serve as the primary liaison for coordinating and publicizing training events within the Department of Mental Health, as well as creating standard instruments and procedures for DMH training activities.

History

The final court-ordered plan (March 2001) required the establishment of a training institute "to develop strong working relationships with local universities and other professional resources, and to provide a continuous learning environment for consumers, community stakeholders, staff and providers." The court-ordered plan also emphasized that 1) the Department of Mental Health (DMH) would work with organized labor to find effective ways to manage the ongoing re-training and re-deployment of staff and 2) that all staff rendering services in the new system would be required to demonstrate knowledge and performance competencies in a range of areas.

Mission and Goals

The DMH Training Institute mission is to continually strengthen the knowledge, technical skills and quality of services and supports delivered to and by DMH stakeholders, including consumers, community stakeholders, DMH providers and staff, through the development of a dynamic, culturally and linguistically responsive, performance-based and data-driven learning environment.

The Institute strives to achieve the following overarching goals:

- **Goal 1:** Institute a training program that is standards-based, results-focused and guided by the learning and competency needs of the populations served.
- **Goal 2:** Institutionalize training norms, processes and procedures that support continuous quality improvement efforts and ensure compliance with federal, local and departmental regulations and practice guidelines.
- **Goal 3:** Enhance both intra-agency and interagency communication, collaboration and coordination in the planning and delivery of workforce development activities.

Community Collaboration

The DMH Training Institute facilitates a Provider Training Committee composed of training representatives from provider agencies with the purpose of resource sharing, targeting training initiatives toward the most pressing community needs and promoting the use of evidenced-based and best practice models. Please contact the Training Institute to participate in this committee.

Contact Us!

Request a Training Topic

If you have an idea for a new training initiative that you would like the DMH Training Institute to explore submit your idea to the Training Institute. You will be asked to answer some questions to help us better understand the topic and need.

Request Assistance from the Training Institute

The Training Institute offers support to DMH employees and provider agencies through the sponsorship and coordination of training, special organizational development initiatives and general consultation to improve staff performance. If you would like to request assistance from the Training Institute please e-mail dmh.training@dc.gov and answer the following questions:

- What type of support are you requesting from the Training Institute?
- 2. When do you need the requested support? Please indicate specific dates if possible.

Feedback or Questions

Department of Mental Health Training Institute 64 New York Avenue, NE, 4th Floor Washington, DC 20002

Phone: (202) 671-0343 E-mail: dmh.training@dc.gov

Training Institute Staff:

David Shapiro, LICSW Training Institute Manager E-mail: david.shapiro@dc.gov

Patricia Porter Organizational Development Specialist E-mail: patricia.porter@dc.gov

Precious Taylor Program Support Assistant E-mail: precious.taylor@dc.gov

The Winter Training Season is Off to a Busy Start

I'm happy to introduce our first calendar of 2011, but before we talk about what's coming, I'd like to reflect on some of our major accomplishments in 2010.

The Training Institute expanded its activities in 2010 with more than 120 events attended by more than 3,400 registrants. This was an increase of almost 1,400 from 2009 which is remarkable given the work demands of our partners and reflects the priority we all place on training.

A focus in 2010 was training that supported a wide range of important initiatives:

- Washington Metropolitan Area Transit Authority (WMATA) suicide prevention initiative. DMH collaborated with WMATA to increase public awareness and reduce suicides within the transit system. WMATA and DMH employees received training in Applied Suicide Intervention Skills Training (ASIST) and safe-TALK. As a result of this training, 21 individuals were certified as trainers in safe-TALK. We plan to continue this collaboration in 2011 by providing training to WMATA employees working on the platforms in the metro stations and bus drivers. Capital CARES (Citywide Alliance to Reduce Risk for and Eliminate Youth Suicide) is a youth suicide prevention initiative. Since October 2009, we have trained 470 people in a suicide prevention model called *Question, Persuade, and Refer* from our sister agencies who work closely with children and youth, including DYRS, CFSA, DCPS and DOH.
- Metropolitan Police Department (MPDC) Crisis Intervention Officer (CIO) program. Through our collaboration with MPD and NAMI DC, we have trained and certified 195 patrol officers as CIOs. We regularly hear reports from MPD officers of positive outcomes of their response to calls to assist individuals with a psychiatric illness. The goal is to train an additional 150 police officers in 2011.

In addition, during the past year, the Training Institute launched the supervision competency training initiative and co-occurring certificate series. Both of these were well attended with positive participant feedback and we hope to repeat them in 2011.

We are proud to note that the winter calendar for the first time includes CME training opportunities for physicians. This expands our continuing education capacity to social workers, counselors, psychologists and physicians. Disaster preparedness is receiving more attention and we are hosting two National Incident Management System (NIMS) trainings through the Johns Hopkins Center for Public Health Preparedness. We also heard the call for more ethics courses so we are sponsoring Contemporary Clinical Ethics and Risk Management on January 28, 2011. You still have time to register!

We welcome you back from the holidays and invite you to join us in 2011 as we work toward supporting your training needs. I encourage you to send training recommendations to David Shapiro at david.shapiro@dc.gov. I also would welcome your feedback.

Stephen T. Baron Director, Department of Mental Health



J a n u a r y

Mon	Tues	Wed	Thurs	Fri
3	4	5	6	7
		NAMI Family-to-Family Education Program	585 Introduction to Intentional Peer Support	
10	11	12	13	14
Crisis Intervention Officer (CIO)	Crisis Intervention Officer (CIO)	Crisis Intervention Officer (CIO)	Crisis Intervention Officer (CIO)	Crisis Intervention Officer (CIO)
586 CSR New Adult Reviewer Training Day 1	Co-Occurring Certification	587 Adult CSR Refresher		586 CSR New Adult Reviewer Training Day 2
17	18	19	20	21
		588 Overview of LOCUS/ CALOCUS & DMH Quality Initiative 586 CSR New Adult	589 Adult CSR Refresher	590 Reducing Suicide among LGBTQ Youth: Research, Public Policy & Educational Programming from the Trevor Project
		Reviewer Training Day 3		
24	25	26	27	28
	Co-Occurring Certification	591 LOCUS Train-the-Trainer	592 Contemporary Clinical Ethics and Risk Mngmt	
31				
593 ASIST Training Day 1				

February

Mon	Tues	Wed	Thurs	Fri
	1	2	3	4
	593 ASIST Training Day 2	Meeting the Needs of Families: Psychoeducational Group Psychotherapy		594 Outpatient Commitment in the District of Columbia
7	8	9	10	11
	Co-Occurring Certification	595 Conflict Management for MH Providers		596 Officer Agent Certification
14	15	16	17	18
	597 Nonviolent Crisis Intervention (NCI)	598 DMH Provider Training Committee Needs Assessment Results	599 Self Employment	
21	22	23	24	25
	Co-Occurring Certification	600 CALOCUS Train-the-Trainer		

March

Mon	Tues	Wed	Thurs	Fri
	1	2	3	4
7	8	9	10	11
Crisis Intervention Officer (CIO)	Crisis Intervention Officer (CIO)	Crisis Intervention Officer (CIO)	Crisis Intervention Officer (CIO)	Crisis Intervention Officer (CIO)
	Co-Occurring Certification		601 Self Advocacy 101	
14	602 Suicide Prevention: QPR	16 603 The 2011 Adult Dixon Community Service Review (CSR) Preliminary Data Presentation 604 Conflict Management for MH Providers	17	18
21	Co-Occurring Certification	605 How to Plan, Deliver and Evaluate Training	24	606 Nonviolent Crisis Intervention (NCI)
607 NIMS Training for Public Health Depart- ments IS-700 and ICS-100	608 Cultural Competence in Mental Health Practice: Demystifying the Concept and Committing to the Journey	30 609 ICS-200 for Single Resources and Initial Action Incidents	31	

Subject Categories

Below is a list of our training subjects and continuing education offered this Winter. Full session descriptions begin on the next page.

Clinical Trainings

A Randomized Trial of the NAMI Family to Family Education Program

586 The 2011 Dixon Community Services Review (CSR): New Adult Reviewer Training

587 & 589 Adult CSR Refresher

590 Reducing Suicide among LGBTQ Youth: The Trevor Project

591 Level of Care Utilization System (LOCUS) Train-the-Trainer

592 Contemporary Clinical Ethics and Risk Management

593 Applied Suicide Intervention Skills Training (ASIST)

Meeting the Needs of Families: Psychoeducational Group Psychotherapy

595 & 604 Conflict Management and Coaching for Mental Health Providers

597 & 606 Nonviolent Crisis Intervention

600 Child & Adolescent Level of Care Utilization System (CALOCUS) Train-the-Trainer

602 Suicide Prevention: QPR

608 Cultural Competence in Mental Health Practice: Demystifying the Concept and Committing to the Journey

Child/Youth Focused Trainings

590 Reducing Suicide among LGBTQ Youth: Research, Public Policy & Educational Programming from The Trevor Project

600 Child & Adolescent Level of Care Utilization System (CALOCUS) Train-the-Trainer

Disaster Response

607 NIMS Training for Public Health Departments IS-700 and ICS-100

609 ICS-200 for Single Resources and Initial Action Incidents

Consumer/Family Focused Trainings

A Randomized Trial of the NAMI Family to Family Education Program

585 Introduction to Intentional Peer Support/ISP

590 Reducing Suicide among LGBTQ Youth: Research, Public Policy & Educational Programming from The Trevor Project

Meeting the Needs of Families: Psychoeducational Group Psychotherapy

599 Self Employment

601 Self Advocacy 101

Policy & Programming

588 Overview of the LOCUS/CALOCUS & the DMH Quality Initiative

592 Contemporary Clinical Ethics and Risk Management

598 Identifying Training Needs: DMH Provider Training Committee Training Needs Assessment Results

603 The 2011 Adult Dixon Community Service Review (CSR) Preliminary Data Presentation

605 How to Plan, Deliver & Evaluate Training

Legal

594 Outpatient Commitment in DC

596 Officer Agent Certification

Co-Occurring Disorders

Co-Occurring Disorders Certification Series (see page 12)

Suicide Assessment/Prevention

590 Reducing Suicide among LGBTQ Youth: The Trevor Project

593 Applied Suicide Intervention Skills Training (ASIST)

602 Suicide Prevention: QPR

Police Trainings

Crisis Intervention Officer (CIO) (see page 12)

*Continuing Education (Social Work & Counseling)

586 The 2011 Dixon Community Services Review (CSR): New Adult Reviewer Training (12.5)

587 & 589 Adult CSR Refresher (6)

592 Contemporary Clinical Ethics and Risk Management (6)

593 Applied Suicide Intervention Skills Training (ASIST) (12)

595 & 604 Conflict Management and Coaching for Mental Health Providers (6.5)

597 & 606 Nonviolent Crisis Intervention (6)

602 Suicide Prevention: QPR (2)

607 Cultural Competence in Mental Health Practice: Demystifying the Concept and Committing to the Journey (2.5)

*Continuing Education (Doctoral Psychology)

586 The 2011 Dixon Community Services Review (CSR): New Adult Reviewer Training (12.5)

587 & 589 Adult CSR Refresher (6)

592 Contemporary Clinical Ethics and Risk Management (6)

593 Applied Suicide Intervention Skills Training (ASIST) (12)

595 & 604 Conflict Management and Coaching for Mental Health Providers (6)

602 Suicide Prevention: QPR (2)

**Continuing Medical Education (Physicians)

A Randomized Trial of the NAMI Family to Family Education Program (1.5)

Meeting the Needs of Families: Psychoeducational Group Psychotherapy (1.5)

Cultural & Linguistic Competency (CLC)

590 Reducing Suicide among

LGBTQ Youth: The Trevor Project (1.5)

607 Cultural Competence in Mental Health Practice: Demystifying the Concept and Committing to the Journey (2.5)

Event Locations

Most events are located at the DMH main office below, unless otherwise specified in the course description:

64 New York Avenue, NE Washington, DC 20002

Parking: Parking is limited and most options require payment.

Metro: New York Ave-Florida Ave-Gallaudet U (red line). Our location is two blocks from the metro, at the corner of New York Avenue and 1st Streets, NE.

Bus: The 90, 92, 93 and X3 buses have routes near our location.

See www.wmata.com for mass transit directions and timetables.

Meeting the Needs of Families: A Randomized Trial of the NAMI Family-to-Family Education Program

This learning activity is geared towards all mental health professionals. Attendees will be able to identify the needs of families of persons with mental illness, available community resources available, and describe the benefits of the NAMI Family-to-Family programs.

Presenter:

Lisa Beth Dixon, M.D., M.P.H.
Professor, UMD School of Medicine
Director, Div. of Health Services Research
Deputy Director, Assoc. Director of Research
VA Capitol Health Care Network MIRECC

Date: Wednesday January 5th **Time:** 12:30 pm.-2:00 p.m.

Location:

Saint Elizabeths Hospital Auditorium 1100 Alabama Avenue, SE

Target Audience: Psychiatrists, Internists, Psychologists, Counselors, Social Workers & Nurses

****Continuing Education**: Medical (1.5), Applying for Social Work, Counseling & Psychology

—No registration required for the above event—

585 Introduction to Intentional Peer Support/ISP

Intentional Peer Support is a purposeful way of being in relationships, focusing on communication and support. Peer support has traditionally meant informal, nonprofessional help from people who have had similar life experiences. In mental health, peers come together with many shared experiences including a negative reaction to traditional services. However, without a new framework to build from, it is common to find people re-enacting "help" based on what was done for them. Through intentional conversations, attendees will examine their assumptions about who they are, and what power-shared relationships look like.

Presenter:

Iden Campbell-McCollum Founder/Director Ida Mae Campbell Foundation

Date: Thursday, January 6th

Time: 1:00 p.m.-4:30 p.m.

Location:

DMH, 5th Floor Training Room

Target Audience:

Consumers and Family Members

586 The 2011 Dixon Community Services Review (CSR): New Adult Reviewer Training

This training prepares new reviewers to utilize the Community Services Review (CSR) for Adults Protocol Version 4.0. The clinical protocol appraises current Consumer status within the past 30 days, Consumer Progress within the past 180 days and Performance of the Mental Health System in the past 90 days. Following a competency examination, the new reviewer will utilize the information learned to participate as a shadow reviewer with a CSR lead reviewer in the field who will demonstrate the reviewer role and process. Once the classroom and field training (participation as a shadow in two reviews) is completed the new reviewer will lead a review and receive an assessment from a qualified lead reviewer.

Presenters:

Nicki De La Rosa, CSR Specialist, DMH Patricia C. Thompson-Embrack, MS CSR Analyst, DMH

Dates:

Monday, January 10th Friday, January 14th Wednesday, January 19th (must attend all three dates)

Time: 9:00 a.m.-4:00 p.m.

Location:

Saint Elizabeths Hospital Room 257 1100 Alabama Avenue, SE

Target Audience: Saint Elizabeths Hospital Psychiatric Residents and selected Mental Health Services Division staff.

*Continuing Education: Social Work, Counseling & Psychology (12.5)

587 Adult CSR Refresher

This is a required training for returning Adult Reviewers to reinforce the New Reviewer Training and hone participant skills as a lead and/or shadow reviewer. Participants will reinforce their knowledge and practical use of the Community Services Review (CSR) for Adults Protocol and must independently compete the scoring on a case simulation prior to the in class participation. Information regarding lessons learned from prior reviews will also be solicited from individual participants to enhance their skills using the pooled experiences from multiple reviewers in prior years.

Presenters:

Nicki De La Rosa Lead CSR Specialist, DMH

Patricia C. Thompson-Embrack CSR Analyst, DMH

Date: Wednesday, January 12th

Time: 9:00 a.m.-4:00 p.m.

Location:

DMH, 5th Floor Training Room

Target Audience: People who previously completed the CSR New Reviewer Training

*Continuing Education: Social Work, Counseling & Psychology (6)

588 Overview of the LOCUS/CALOCUS & the DMH Quality Initiative

The Level of Care Utilization System (LOCUS) for adults and the Child and Adolescent Level of Care Utilization System (CALOCUS) for children and adolescents are tools designed to create a level of care recommendation based on a multidimensional functional assessment of individual consumers. This workshop will identify various potential uses of the LOCUS/ CALOCUS instrument. Particular emphasis will be placed on possible quality improvement methods for Core Service Agencies. In addition, a brief review of the electronic LOCUS/CALOCUS website and its functions (including reporting) will be discussed. This presentation will also review the LOCUS/CALOCUS technical assistance plan which will begin January 2011.

Presenter:

Jennifer Allen, MPH

Evaluation and Quality Coordinator, DMH

Date: Wednesday, January 19th

Time: 12:00 p.m.-1:00 p.m.

Location: DMH, 5th Floor Training Room

Target Audience: QI Staff, Data Analysts, Evaluators, Clinicians, Program Managers, Directors, and Coordinators

589 Adult CSR Refresher

This is a required training for returning Adult Reviewers to reinforce the New Reviewer Training and hone participant skills as a lead and/or shadow reviewer. Participants will reinforce their knowledge and practical use of the Community Services Review (CSR) for Adults Protocol and must independently compete the scoring on a case simulation prior to the in class participation. Information regarding lessons learned from prior reviews will also be solicited from individual participants to enhance their skills using the pooled experiences from multiple reviewers in prior years.

Presenters:

Nicki De La Rosa, CSR Specialist, DMH

Patricia C. Thompson-Embrack, MS CSR Analyst, DMH

Date: Thursday, January 20th

Time: 9:00 a.m.-4:00 p.m.

Location:

DMH, 5th Floor Training Room

Target Audience: Individuals who have previously completed the CSR

New Reviewer Training *Continuing Education:

Social Work, Counseling & Psychology (6)

590 Reducing Suicide among LGBTQ Youth: Research, Public **Policy & Educational Programming** from The Trevor Project

This workshop will provide an overview of suicide among lesbian, gay, bisexual, transgender and questioning (LGBTQ) youth and the different environmental stressors that contribute to their heightened risk for suicide. Educators, mental health professionals and youth service providers will learn how to use The Trevor Project's Survival Kit and Lifeguard Workshop curricula, which assists in facilitating a discussion with all youth on the impact of language, actions, and bullying of LGBTQ young people as well as training young people how to better recognize the warning signs of suicide and best respond as lifeguards to their peers.

Presenter:

Meg Ten Eyck, Education Manager The Trevor Project

Date: Friday, January 21st

Time: 9:00 a.m.-10:30 a.m.

Location: DMH, 5th Floor Training Room

Target Audience: Adult, Child & Youth Mental Health Clinicians, Consumers/

Family Members

Cultural Competency Credit: (1.5)

591 Level of Care Utilization System (LOCUS) Train-the-Trainer

This training session will prepare participants to instruct practitioners within their agencies on the use and application of the LOCUS instrument. They will become proficient in understanding the

principles that are built into the instrument and the criteria within each dimension. They will also be taught how to authorize staff to access and use the internet-based LOCUS application.

Presenter:

Erika Van Buren, PhD, Organizational Development Director, DMH

Date: Wednesday, January 26th

Time: 1:00 p.m.-5:00 p.m.

Location:

DMH, Computer Training Room

Target Audience:

Clinical Supervisors and Training Staff

592 Contemporary Clinical Ethics and Risk Management

This presentation will consider various case-based ethical issues that may arise in routine contemporary practice. There will be an examination of the "pillars" of ethical decision-making including the importance of informed consent, clarifying who is the client, the role of consultation, and the critical consideration of appropriate documentation. Various legal considerations and risk management issues that decrease professional liability will be considered as well.

Presenter:

David A. Jobes, PhD Professor of Psychology The Catholic University of America

Date: Friday, January 28th Time: 9:00 a.m.-4:30 p.m.

Location:

Saint Elizabeths Hospital Auditorium 1100 Alabama Avenue, SE

Target Audience: Adult, Child & Youth Mental Health Clinicians

*Continuing Education: Social Work,

Counseling & Psychology (6)

593 Applied Suicide Intervention Skills Training (ASIST)

The Applied Suicide Intervention Skills Training (ASIST) workshop is for caregivers who want to feel more comfortable, confident and competent in helping to prevent the immediate risk of suicide. Just as "CPR" skills make physical first aid possible, training in suicide intervention develops the skills needed for suicide first aid. ASIST is a two-day (15 hours) intensive, interactive and practice-dominated course designed to help caregivers recognize risk and learn how to intervene to prevent the immediate risk of suicide.

Presenters:

Julie Goldstein Grumet, PhD Project Director

Robert Price, MS, LCPC, LPC, NCC Project Coordinator Capital CARES Program, DMH

Dates:

Monday, January 31st Tuesday, February 1st (Must attend both training dates)

Time: 8:30 a.m.-4:30 p.m.

Location: DMH, 5th Floor Training Room

Target Audience: Adult, Child & Youth Mental Health Clinicians, Managers/ Supervisors, General Public

*Continuing Education:

Social Work, Counseling & Psychology (12)

Meeting the Needs of Families: Psychoeducational Group Psychotherapy

This activity will educate participants about facilitating psychoeducational groups in inpatient settings. Topics include the power and helpfulness of psychoeducational groups for psychiatric patients, the importance of group leader's preparation and self-development, the empirical foundation and principles for facilitating these groups, teaching group members self-management skills, and setting goals/objectives.

Presenter:

Nina W. Brown, EdD, LPC, NCC, FAGPA Professor and Eminent Scholar Old Dominion University

Date: Wednesday Feb 2nd

Time: 12:30 pm.-2:00 p.m.

Location:

Saint Elizabeths Hospital Auditorium 1100 Alabama Avenue, SE **Target Audience:** Psychiatrists, Internists, Psychologists, Counselors, Social Workers & Nurses

****Continuing Education**: Medical (1.5), Applying for Social Work, Counseling & Psychology

—No registration required for the above event—

594 Outpatient Commitment in the District of Columbia

An introduction to the civil commitment process in the District of Columbia with an emphasis on the requirements for maintaining outpatient commitment status. Specific topics will include mandatory periodic evaluations during the term of commitment, the revocation process and the recommitment procedure.

Presenters:

Lynda Abramovitz, JD Assistant Attorney General Office of the Attorney General, DC

Elspeth Cameron Ritchie, MD, MPH Chief Clinical Officer, DMH

Date: Friday, February 4th **Time:** 9:00 a.m.-12:00 p.m.

Location:

DMH, 5th Floor Training Room **Target Audience**: General Public

595 Conflict Management and Coaching for Mental Health Providers

This fast-paced, hands-on workshop teaches the theory and practice of good conflict management, problem-solving, and coaching. Participants will begin by learning several ways to analyze conflict, then discuss and practice a number of techniques that will make them better at negotiation, problem-solving, guiding groups, and coaching consumers and others in conflict resolution.

Presenters:

Charles Bethel, JD, Mediator, ADRS Noel Mazade, MSW, PhD, Partner, ADRS

Date: Wednesday, February 9th

Time: 9:00 a.m.-5:00 p.m.

Location:

DMH, 5th Floor Training Room

Target Audience: Adult, Child & Youth Clinicians, Administrators and Supervisors

*Continuing Education:

Social Work & Counseling (6.5), Psychology (6)

596 Officer Agent Certification

Provides information on the legal framework of the civil commitment process through review of relevant DC statutes and will also provide a clinical foundation for making decisions on filing an FD-12 application for involuntary hospitalization. Participants will evaluate real scenarios that may require the filing of an FD-12 application and will practice preparing applications. Certificates and ID cards will be issued and recertification is required every two years. Class satisfies recertification requirement.

Presenters:

Michelle May, LICSW Adult Systems of Care Manager, DMH

Tonya Sapp, JD, Deputy Attorney General DC Office of the Attorney General

Date: Friday, February 11th **Time:** 9:00 a.m.-1:00 p.m.

Location: DMH, 5th Floor Training Room

Target Audience:

CSA employees nominated by their Clinical Director, CPEP, Mobile Crisis and Homeless Outreach staff. See page 12 for special application/registration instructions.

597 Nonviolent Crisis Intervention (NCI)

The Nonviolent Crisis Intervention program, developed by the Crisis Prevention Institute (CPI), not only teaches staff to respond effectively to the warning signs that someone is beginning to lose control, but also addresses how staff can deal with their own stress, anxieties, and emotions when confronted with these challenging situations.

Presenter: David Shapiro, LICSW Training Institute Manager

Date: Tuesday, February 15th

Time: 9:00 a.m.-4:30 p.m.

Location: DMH, 4th Floor Training Room

Target Audience: Restricted training: DMH, VOA Chesapeake and Pathways to

Housing DC employees only *Continuing Education:

Social Work & Counseling (6)

598 Identifying Training Needs: Results of the DMH Provider Training Committee **Training Needs Assessment**

The typical response to a perceived workforce problem is an often hastily scheduled training activity that may or may not actually address the perceived problem. Needs assessments are tools used to investigate whether a problem actually exists and clarifies the problem to inform a more thoughtful response. The DMH Provider Training Committee, made up of representatives from the MHRS provider agencies, completed a training needs assessment in 2010 using several sources of data. This event will review the results and recommendations from this needs assessment.

Presenter:

David Shapiro, LICSW Training Institute Manger, DMH

Date: Wednesday, February 16th

Time: 12:00 p.m.-1:00 p.m.

Location: DMH, 5th Floor Training Room

Target Audience: General Public

599 Self Employment

Learn about government business and tax requirements, what you need in a business plan and take a quiz to see if you are ready to be an entrepreneur.

Presenter:

Iden Campbell-McCollum Founder/Director Ida Mae Campbell Foundation

Date: Thursday, February 17th

Time: 1:00 p.m.-4:30 p.m.

Location: DMH, 5th Floor Training Room

Target Audience:

Consumers and Family Members

600 Child & Adolescent Level of **Care Utilization System (CALOCUS)** Train-the-Trainer

This training session will prepare participants to instruct practitioners within their agencies on the use and application of the CALOCUS instrument. They will become proficient in understanding the principles that are built into the instrument and the criteria within each dimension. They will also be instructed on how to authorize staff in accessing and using the internet-based CALOCUS application.

Presenter:

Erika Van Buren, PhD, Director of Organizational Development, DMH

Date: Wednesday, February 23rd

Time: 1:00 p.m.-5:00 p.m.

Location:

DMH, Computer Training Room

Target Audience:

Clinical Supervisors and Training Staff

601 Self Advocacy 101

As a preliminary step to achieving your self-advocacy goals, you might need to work on developing the attitudes necessary for self-advocacy. For some people, it means being more assertive, while for others it means taming aggression. Above all, selfadvocacy requires believing in yourself.

Presenter:

Iden Campbell-McCollum Founder/Director

Ida Mae Campbell Foundation

Date: Thursday, March 10th

Time: 1:00 p.m.-4:30 p.m.

Location:

DMH, 5th Floor Training Room

Target Audience:

Consumers and Family Members

602 Suicide Prevention: QPR

QPR stands for Question, Persuade, and Refer—3 simple steps that anyone can learn to help save a life from suicide. This is a simple educational program that teaches

ordinary citizens how to recognize a mental health emergency and how to get a person at risk for suicide the help they need. Through QPR you will learn to recognize the warning signs of suicide; know how to offer hope; and know how to get help and save a life.

Presenter:

Robert W.H. Price, MS, LCPC, NCC Project Coordinator

Capital CARES Program, DMH

Date: Tuesday, March 15th Time: 9:00 a.m.-11:30 a.m.

Location:

DMH, 5th Floor Training Room Target Audience: General Public

*Continuing Education:

Social Work, Counseling & Psychology (2)

603 The 2011 Adult Dixon Community Service Review (CSR) Preliminary Data **Presentation**

Preliminary data will be presented from the 2011 Adult Dixon Community Service Review (CSR). System trends, strengths, challenges, and potential next steps for system-wide improvement will be offered.

Presenter:

Nicki De La Rosa Lead CSR Specialist, DMH

Date: Wednesday, March 16th

Time: 12:00 p.m.-1:00 p.m.

Location: DMH, Conference Room D Target Audience: General Public

604 Conflict Management and **Coaching for Mental Health Providers**

This fast-paced, hands-on workshop teaches the theory and practice of good conflict management, problem-solving, and coaching. Participants will begin by learning several ways to analyze conflict, then discuss and practice a number of techniques that will make them better at negotiation, problem-solving, guiding groups, and coaching consumers and others in conflict resolution.

Presenters:

Charles Bethel, JD, Mediator, ADRS Noel Mazade, MSW, PhD, Partner, ADRS

Date: Wednesday, March 16th **Time:** 9:00 a.m.-5:00 p.m.

Location:

DMH, 5th Floor Training Room

Target Audience: Adult, Child & Youth Clinicians, Administrators and Supervisors

*Continuing Education:

Social Work & Counseling (6.5), Psychology (6)

605 How to Plan, Deliver and Evaluate Training

This workshop will review techniques for successful small and large professional presentations and trainings, primarily focusing on three phases of training: planning, delivering and evaluating. Additional topics include assessing need, public speaking, audience engagement, slide design, tips and common presentation errors.

Presenter:

David Shapiro, LICSW DMH Training Institute Manager

Date: Wednesday, March 23rd

Time: 9:00 a.m.-12:00 p.m.

Location: DMH, 5th Floor Training Room

Target Audience: General Public

606 Nonviolent Crisis Intervention (NCI)

The Nonviolent Crisis Intervention program, developed by the Crisis Prevention Institute (CPI), not only teaches staff to respond effectively to the warning signs that someone is beginning to lose control, but also addresses how staff can deal with their own stress, anxieties, and emotions when confronted with these challenging situations.

Presenter: David Shapiro, LICSW Training Institute Manager

Date: Friday, March 25th **Time**: 9:00 a.m.-4:30 p.m.

Location:

DMH, 4th Floor Training Room

Target Audience: Restricted training: DMH, VOA Chesapeake and Pathways to Housing DC employees only

*Continuing Education:

Social Work & Counseling (6)

607 NIMS Training for Public Health Departments IS-700 and ICS-100

IS 700-NIMS, An Introduction: This course introduces and overviews the National Incident Management System (NIMS). NIMS provides a consistent nationwide template to enable all government, private-sector, and nongovernmental organizations to work together during domestic incidents. ICS 100, Introduction to the Incident Command System, introduces the Incident Command System (ICS) and provides the foundation for higher level ICS training. This course describes the history, features and principles, and organizational structure of the Incident Command System. It also explains the relationship between ICS and the National Incident Management System (NIMS).

Presenter:

Daniel Barnett, MD, MPH
Lead Trainer, Preparedness and Emergency
Response Learning Center
Assistant Professor
Environmental Health Sciences
Johns Hopkins Bloomberg
School of Public Health

Date: Monday, March 28th Time: 9:00 a.m.-3:00 p.m.

Location: DMH, 4th Floor Training Room

Target Audience: General Public

608 Cultural Competence in Mental Health Practice: Demystifying the Concept and Committing to the Journey

Cultural competence is defined as "the state of being capable of functioning in the context of cultural differences." This workshop will provide a common language for the concept of "cultural competence." The session provides a clear framework for understanding the dynamics of difference and the importance of adapting services. Strate-

gies for improving services to culturally diverse groups in mental health and other human service settings will be discussed and explored through didactic presentation, self reflection and interactive processes.

Presenter:

R. Andrew Hunt, LICSW Public Health Advisor, SAMHSA

Date: Tuesday, March 29th **Time:** 9:00 a.m.-12:00 p.m.

Location: DMH, 5th Floor Training Room

Target Audience: General Public

*Continuing Education: Social Work & Counseling (2.5)

Cultural Competency Credit: (2.5)

609 ICS-200 for Single Resources and Initial Action Incidents

ICS-200 for Single Resources and Initial Action Incidents teaches ICS concepts and principles for supervisors and those public health workers expected to fill leadership roles in a crisis response. Due to the content's complexity and interactive exercises necessary to improve content retention and improve flexible application of ICS to new situations, the training takes 6 hours, which includes the official FEMA IS-200 exam. This course primarily focuses on the management of an initial response to an internal incident.

Presenter:

Daniel Barnett, MD, MPH
Lead Trainer, Preparedness and Emergency
Response Learning Center
Assistant Professor
Environmental Health Sciences
Johns Hopkins Bloomberg
School of Public Health

Date: Wednesday, March 30th

Time: 9:00 a.m.-3:00 p.m.

Location: DMH, 4th Floor Training Room

Target Audience: Supervisors and public health workers expected to fill leadership roles in a crisis response.

Prerequisite: Successful completion of IS-700 and ICS-100 are required.

Co-Occurring Clinical Competency Returned in Fall 2010!

The 2010-2011 Co-Occurring Competency Curriculum Certificate Program sponsored through the DMH Training Institute began October 5, 2010. Classes meet twice a month for nine months. A total of eighteen modules will be delivered.

Twenty-six individuals are currently attending the entire series. The program is appropriate for both mental health and addiction clinicians who are currently delivering services to a population that includes the dually diagnosed.

Limited slots will be available for individuals who wish to attend one or more of the modules, but are not able to commit to the entire series.

Individual Module Application Process: Please submit your request to attend individual modules via e-mail to Angele Moss-Baker, Co-Occurring Training Coordinator at angele.moss-baker@dc.gov for more information.

Training Dates: Tuesdays, 10/5, 10/19, 11/9, 11/16, 11/30, 12/7, 12/14, 1/11, 1/25, 2/8, 2/22, 3/8, 3/22, 4/12, 4/26, 5/10, 5/24, 6/7, 6/24 (graduation)

Times: 9:00 a.m.-12:30 p.m.

Location:

DMH, 5th Floor Training Room Total number of classes: 18 Continuing Education:

Three CEU's per class

Modules:

- Introduction to Co-Occurring Disorders
- 2. Concepts & Principles of Co-Occurring Disorders
- 3. Mental Health and Substance Use Disorders for Co-Occurring Competent Clinicians
- 4. Stages of Change & Motivational Enhancement

- 5. Psychotic Disorders& Co-Occurring Disorders
- Mood Disorders & Co-Occurring Disorders
- 7. Personality Disorders & Co-Occurring Disorders
- 8. Anxiety & Trauma Issues & Co-Occurring Disorders
- 9. Addiction and Drugs of Abuse
- 10. Screening & Assessment
- 11. Assessment of Co-Occurring Disorders
- 12. Treatment Planning
- 13. Psychopharmacology for Co-Occurring Disorders
- 14. CBT & Relapse Prevention
- 15. Contingency Management & Case Management
- 16. Skills Training in the Treatment of Co-Occurring Disorders
- 17. Group Approaches
- 18. Special Populations & Co-Occurring Disorders

Please e-mail questions about this training series to: Angele Moss-Baker, Co-Occurring Coordinator at angele.moss-baker@dc.gov

Officer Agent Certification

If you are interested in applying for Officer Agent Certification, please follow the steps below:

- 1. Go to www.dmh.dc.gov
- 2. Click on "Sign up for Training Classes"
- 3. Click on "Officer Agent Certification Application" to submit your application.

You will be contacted once your application has been reviewed.

Crisis Intervention Officer (CIO)

The Crisis Intervention Collaborative is an initiative that is spearheaded by the District of Columbia's Metropolitan Police Department (MPDC) and the Department of Mental Health (DMH) through the DMH Training Institute to improve the outcomes of police interactions with people with mental illnesses. This Collaborative has been developed to address the diverse professional development needs of officers at various levels of their law enforcement careers.

CIO Training:

Dates: January 10th -14th & March 7th -11th

This advanced 40-hour training and community partnership is being made available to experienced patrol officers who will develop advanced expertise in interacting effectively and appropriately with the mentally ill. The CIO's will be identified and dispatched to crisis calls involving the mentally ill when available.

Registration for these events is restricted to the District of Columbia Metropolitan Police Department personnel.

Winter 2011 Registration

The DMH Training Institute uses an on-line registration system that is required for most events unless otherwise indicated in the event description.

Registration operates on a first come, first served basis. Online enrollment for registration will be closed once attendance limits have been reached.

Thank you for your interest in attending our training events.

Procedures

- 1. Identify the session number and title of the training(s) that interest you from this catalog
- Go to www.dmh.dc.gov
- Click on "Sign up for Training Classes"
- 4. Click on "Online Registration System"
- After confirming that you have read the registration policies, you will see the list of available trainings
- Complete the registration form when prompted and your enrollment will be complete
- 7. Return to www.dmh.dc.gov to register for additional courses

Registration & Attendance Policies

- Space is limited so please only register for events that are relevant to your practice.
- Only register for events that you have received supervisory approval to attend.
- Participants must notify the DMH Training Institute of the need to cancel at least 48 hours prior to the scheduled event. Remember that there are others who may wish to attend in your place.

- Participants who fail to show up for a registered training may not be permitted to attend future events.
- Participants must arrive on time and remain for duration of training event in order to receive a certificate. We encourage you to arrive at least 15-30 minutes early to avoid parking or traffic problems.
- Participants arriving after session begins will not be permitted to enter
- 7. Cell phone calls, texting and e-mailing are not permitted during trainings. Please designate a coworker or supervisor to handle your calls prior to attending the training.

Waiting Lists

When online registration for individual courses reaches maximum capacity, the system will not allow you to register. If you receive a prompt stating that the course is full, you can send an e-mail to dmh.training@dc.gov and request to be placed on the waiting list. Please include the following information in your e-mail:

- Title, Session Number & Date of Training
- 2. Your Name and phone number

Confirmations

When your online registration is complete, a window will pop up indicating that you have successfully registered for your course.

Approximately one week prior to each event, the Training Institute will send a reminder e-mail confirming your enrollment in the course. It may require a response from you so please read the e-mail thoroughly.

Session Cancellations or Changes

If the Institute must change or cancel a session, all registered participants will be contacted by e-mail.

*Continuing Education

Registered participants seeking continuing education credits must arrive on time for all sessions, and must remain throughout the entire session to be approved for CE Credits. This policy will be strictly enforced. The Training Institute does not award credit to people who arrive late or leave early. Partial credit is not awarded.

Psychology: The DC Department of Mental Health's Department of Psychology at Saint Elizabeths Hospital (SEH) is approved by the American Psychological Association to sponsor continuing education for psychologists. The SEH Department of Psychology maintains responsibility for programs and content.

Social Work: The DMH Training Institute is approved by the DC Board of Social Work as a continuing education provider for licensed social workers in the District of Columbia.

Counseling: The DMH Training Institute is approved by the DC Board of Counseling as a continuing education provider for licensed counselors in the District of Columbia.

Please submit questions regarding licensure issues to the licensing board or other regulatory body responsible for determining continuing education requirements for your jurisdiction. Do not direct questions regarding licensure requirements to the DMH Training Institute.

**Continuing Education. This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of MedChi,, the Maryland State Medical Society, and St. Elizabeths Hospital. MedChi is accredited by the AC-CME to provide continuing medical education for physicians. MedChi designates this educational activity for a maximum of 1.5 AMA PRA Category 1 CreditsTM. Physicians should only claim credit commensurate with the extent of their participation in the activity.